

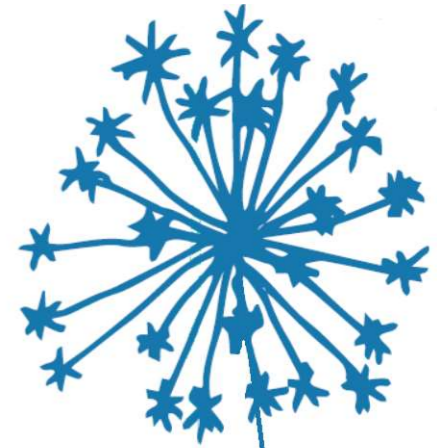
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Ask our team about our **Daily Specials**
We change these regularly according to the season or anything special our suppliers might have in stock - or if our chefs fancy trying something new!



BREAKFAST

SERVED UNTIL 12PM

BLUE GARDEN CAFÉ

LUNCH

SERVED FROM 12PM

The BIG Blue Garden Breakfast - £11

2 Bacon, 2 Sausages, 2 Eggs, 2 Hash Brown, Tomatoes, Mushrooms, Beans, Toast

Full English Breakfast - £7.50

1 Bacon, 1 Sausage, 2 Eggs, Hash Brown, Tomatoes, Mushrooms, Beans, Toast

Vegetarian Breakfast - £7 (v)

2 Vegetarian Sausages, 1 Egg, Hash Brown, Tomatoes, Mushrooms, Beans, Toast

Brunch Roll - £5

Bacon, Sausage Fried Egg

Smoked Salmon and Scrambled Egg on Toast - £7

Slices of Smoked Salmon, Two Scrambled Eggs, Toast

Eggs Benedict - £7

Toasted Muffin, 2 Bacon, 2 Poached Eggs, Homemade Hollandaise

ALL DAY BRUNCH

SERVED 9AM to 5PM

Sourdough Toasts

2 slices of sourdough with a choice of toppings. Choose from poached, fried or scrambled eggs. Add fries for £1.50:

The Fisherman - £7.50

Smoked Salmon, Eggs, Crispy Capers and Lemon

The Cali - £7

Smashed Avocado, Eggs, Tomato Salsa

The French - £7

Ham and Béchamel Sauce with Gratinated Cheddar

The Rustic - £7

Smoked Bacon, Eggs, Beans

Toasted Bagels

A toasted white bagel with a choice of toppings. Choose from poached, fried or scrambled eggs. Add fries for £1.50:

The Avo - £6

Smashed Avocado, Eggs, Tomato and Pesto

The Classic - £5.50

Cream Cheese and Chive

The Farmhouse - £6

Eggs topped with Bacon

Blue Garden Cafe Pancakes - £7

Two fluffy pancakes with a choice of toppings:

The Nutty - Bananas, Walnuts and Home-Made Maple Butter

The Sweet - White and Dark Chocolate Sauce and Toasted Marshmallow

The Fruity - Berry Compote and Maple Syrup

The Savoury - Ham and Cheese

Fish & Chips - £12

Locally Sourced Cod, Chips, Homemade Tartare Sauce, Lemon & Peas or Mushy Peas

Blue Garden Beef Burger - £12

Toasted Brioche Bun, Burger Patty, Mozzarella, Tomato, Red Onion, Homemade BBQ Sauce, Fries & Slaw

Cajun Chicken Burger - £12

Toasted Brioche Bun, Crispy Chicken Thigh, Garlic Mayonnaise, Cajun Spices, Rocket, Fries & Slaw

Blue Garden Omelette (v) - £7

Free Range Eggs & choice of the following fillings (as many as you like!), served with a dressed leaf salad & crisps:

Cheese, Tomato, Mushroom, Bacon, Peppers or Onion

Loaded Fries - £6

Fries loaded with Beans, Cheese, Bacon and Spring Onion

Prawn Linguini - £12

Prawns, Fresh Cream Sauce, Garlic, Lime and Chilli Oil

Sandwiches - £6.50

Served with a Dressed Salad & Crisps
Upgrade Crisps to Chips +£1.50

Toasted Club Sandwich

Bacon, Chicken, Mayo, Tomato, Lettuce

Tomato, Mozzarella or Vegan Cheese & Pesto

Fish Finger Ciabatta

Fish Goujons & Homemade Tartare Sauce

Jacket Potatoes - £5

Served with Dressed Salad and Slaw

Beans (+£0.75)

Cheese (+£0.75)

Tuna Mayo (+ £1.25)

Prawn Mayo (+ £1.75)

Spring Salads

Add chicken to any salad for +£2

Garden - £6

Spinach, Roasted Cherry Tomato, Cucumber, Pickled Red Onion, Vegan Pesto and Croutons

Caesar - £7

Cos Lettuce Leaves, Caesar Dressing, Parmesan, Croutons

Mediterranean - £7

Roasted Cauliflower, Chickpea, Tomato Salsa and Feta

SIDES

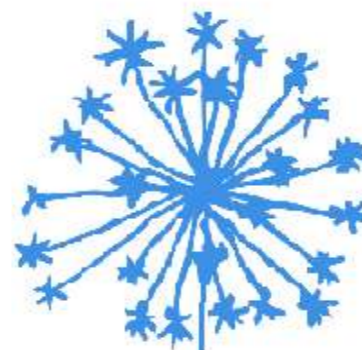
Tomato, Red Onion and Parmesan Salad - £3

Garlic Bread - £3 or add Cheese +50p

Fries - £2.50

Coleslaw - £2.50

Garden Salad - £2.50



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BLUE GARDEN CAFÉ

SOFT DRINKS

HOT DRINKS

Soft Drinks

Coca Cola	£2.00
Diet Coke/Cola	£2.00
Sprite Zero	£2.00
Fanta	£2.00
Appletiser	£2.50

Pago Tropical	£3.00
Pago Strawberry	£3.00
Pago Rhubarb & Pear	£3.00
Pago Pineapple	£3.00

Orange Juice	£2.00
Apple Juice	£2.00
Cranberry Juice	£2.00
Lime Cordial	50p
Elderflower Cordial	50p

Cooler Slushes

Dragon Fruit & Mango	£3.50
Green Apple & Raspberry	£3.50
Watermelon & Kiwi	£3.50
Tropical Fruit	£3.50

Iced Teas

Peach	£3.50
Passionfruit & Lemon	£3.50
Jasmine & Lime	£3.50

Sparkling Drinks

Regular Tonic	£2.50
Light Tonic	£2.50
Soda Water 150ml	£2.00
Ginger Beer	£3.50
Sparkling Elderflower	£3.00
Pink Raspberry Lemonade	£3.00

Acqua Panna Still 250ml	£2.50
Acqua Panna Still 750ml	£3.50

San Pellegrino Sparkling 250ml	£2.50
San Pellegrino Sparkling 750ml	£3.50

Indulgent Milkshakes

Strawberry	£4.50
French Vanilla	£4.50
Chocolate	£4.50
English Toffee	£4.50

Mocktails

Strawberry Mockery	£4.50
Apple & Rhubarb Morteni	£4.50
Elderflower Fizz	£4.50
Raspberry Fizz	£4.50

Americano	£2.00
Single Espresso	£1.50
Double Espresso	£2.00
Latte	£2.50
Cappuccino	£2.50
Flat White	£2.50
Chocolate Mocha	£2.70
White Chocolate Mocha	£2.70

Syrups + £0.50

Pot of Loose Leaf Tea for One £2.00

Choose From:

English Breakfast	Red Berry
Earl Grey	Chamomile
Mint	Decaf
Green	

Hot Chocolate (Milk or White) £3.00
Comes with Cream and Marshmallows

CAKES AND BAKES

Centrepiece Cake - £3.00

Ask your server what today's masterpiece is!

Traybake - £2.50

Rocky Road - £2.50

Bakewell Tart - £3.00

Chocolate Cake - £2.50

Gluten Free Cake - £3.00

Tea Cakes - £2.00

Other delicious options are available, please refer to the specials board or ask a member of staff.

Blue Garden Cream Tea

£5.50

Homemade Scone with Rodda's Classic Cornish Clotted Cream and Tiptree Jam, and a Choice of Loose Leaf Tea or Coffee.

WINE

BEER AND CIDER

White

	125ml	175ml	250ml	Bottle
Short Mile Bay Chardonnay, Australia	£3.80	£4.75	£6.80	£20.50
Da Luca Pinot Grigio, Sicily	£4.00	£5.30	£7.55	£23.00
Pulpo Sauvignon Blanc, Marlborough	£4.50	£5.90	£8.50	£25.50

Red

Daciana Pinot Noir, Hungary	£3.60	£4.90	£7.00	£20.50
Rare Vineyards Malbec, France	£3.80	£5.30	£7.60	£22.75
1870 Merlot, Chile	£4.25	£6.00	£8.50	£25.45

Rosé

Parini Pinot Grigio Rosé, Italy	£3.50	£4.90	£7.00	£21.00
Wicked Lady White Zinfandel, USA	£3.90	£5.40	£7.75	£23.20

Sparkling

Da Luca Prosecco, Italy	£5.50	-	-	£26.50
Da Luca Rosato Spumante, Italy	£5.50	-	-	£26.50

Ale

London Pride 330ml	£4.50
Abbot Ale 500ml	£4.95

Cider

Aspalls Draught 330ml	£4.95
Cornish Blush 330ml	£4.95

Beer

Amstel 330ml	£4.50
Portobello Pilsner 330ml	£3.95

Non-Alcoholic

Becks Blue 275ml	£2.95
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At The Blue Garden Cafe, provenance is important to us. We source primarily from local suppliers, growers and farmers who produce to high standards:

MEAT - from Wrights of Frinton Butchers, who have a policy of local sourcing.

FISH - from Tony's Fresh Fish, of Point Clear Bay.

FRUIT AND VEGETABLES - from Anglia Produce and Pilgrim Foods, who source seasonally from East Anglian growers.

JAMS AND PRESERVES - from Wilkins & Sons of Tiptree.

FREE RANGE EGGS - from Stephenson Farms of Colchester.

BREAD - from Blackberry Bakery, artisan bakers in Colchester.